



Hello and welcome to my practice. This disclosure form contains information about my qualifications as a mental health professional and your general rights as a client. I am trained as a therapist and licensed as a psychologist by the State of Colorado, License #1851. I received a Ph.D. in clinical psychology from Virginia Commonwealth University in 1992. In addition, I completed a year-long, pre-doctoral internship at the University of Colorado Health Sciences in 1991-92, as well as one year of supervision by a licensed psychologist after my degree. My degree was focused in adolescent and child psychology. However, in my practice, I work with adults, adolescents, children, families and couples. In addition, I have specialized training in working with families adjusting to divorce, clients with medical conditions and resolving traumatic experiences, using EMDR. My practice also includes performing psychological evaluations and specialized assessment of learning disabilities.

You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy, if known, and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In my practice, I strongly encourage clients to be actively involved in setting goals for treatment. If you have questions or are unhappy with the way your treatment is progressing, please share these concerns with me. I will attempt to work with you to resolve them or refer you to another clinician should you prefer that option.

Generally speaking, information provided by and to a client is legally confidential. I cannot release this information without the client's or legally guardian's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, as well as other exceptions in Colorado and Federal law. These situations generally involve questions of danger to self or others, allegations of child abuse or adult abuse of an elder or adult with disabilities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. Please be aware that psychotherapy records can be subpoenaed in certain legal cases.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the Board that regulated the practice of that mental health professional.

As a client, you have the right to terminate treatment with me at any point. If such a termination occurs, you have the right to your medical record or a summary of your treatment if I feel that would be in your best interest. In addition, you have the right to have your medical record sent to another provider with your written permission.

While in treatment, you may also authorize me to share your treatment information with other professionals working with you, such as your primary care physician or psychiatrist. This type of information sharing may be helpful to your treatment but needs your written permission.



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Any person who alleges that a mental professional has violated the licensing laws related to the maintenance of records of a client eighteen years of age or older, must file a complaint or other notice with the licensing board within seven years after the person discovered or reasonably should have discovered this. Pursuant to law, this practice will maintain records for a period of seven years commencing on the date of termination of services or on the date of last contact with the client, whichever is later.

State law requires that I tell you about the regulatory requirements of different kinds mental health professionals. A Licensed Psychologist must hold a doctoral degree in psychology and have one year of post-doctoral supervision. A Licensed Clinical Social Worker, Licensed Marriage and Family Therapist and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-master's supervision. A Licensed Social Worker must hold a master's degree in social work. A Psychologist Candidate, Marriage and Family Therapist Candidate and a Licensed Professional Counselor Candidate must hold the degree required for licensure and be in the process of completing their required supervision, prior to being licensed. A Certified Addiction Counselor I (CAC I) must be a high school graduate and complete the required training hours and 1,000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. A CAC III must have a bachelor's degree in behavioral health, complete additional required training and have 2,000 hours of supervised experience. A licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements. Finally, a Registered Psychotherapist is required to register with the State Board of Registered Psychotherapists, but is not licensed or certified, and no mental health training or experience is required.

The practice of licensed and registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. Concerns about my practice may be reported to The Board of Psychology Examiners, 1560 Broadway, Ste. 1350, Denver, Colorado 80202, or telephone (303) 894-7800.

I have read the preceding information and it has been provided to me verbally, if requested. So informed, I understand my rights as a client of Dr. Mahler or as the client's responsible party.

Client's Printed Name

Date

Client's or Responsible Party's Signature

Relationship to Client